

YOUR SUPPORT IS VITAL



As a registered charity, the School relies totally on the generosity of the public and on student fees to fund our vital work and clinic running costs. The School currently receives no government funding or other subsidies.

Giving to the Scottish School of Herbal Medicine is a way for those closest to the School, including our alumni and friends, to play an important role in the School's present and in its future.

You will be helping to ensure that the Scottish School of Herbal Medicine can continue to thrive and develop into the future.

Donations will enable us to help more people in the local community via our clinic, to train more qualified medical herbalists both in the UK and overseas, and to further our leading-edge research.



FROM HUMBLE BEGINNINGS...

The Scottish School of Herbal Medicine was established in 1992, and offers a range of professionally validated and accredited training courses, including:

- BSc(Hons) Degree in Herbal Medicine
- PGCert in Holistic Research Methods
- MSc in Herbal Medicine
- Diploma in Holistic Massage
- Diploma in Clinical Aromatherapy

We also offer leisure and access courses in Home Help Herbalism (as Evening Classes and a Correspondence Course).

The School has a unique concept of training herbal practitioners with an 'energetic approach' to herbs and our view that herbalism is a holistic discipline. Our vegan founders are strong advocates for non-animal based, holistic and contemplative methods and the School aims at all times to provide a balance of science and art in its teaching; we seek to further knowledge of herbal medicine for its personal and planetary benefits, and this philosophy pervades all that we do.

In this way the school seeks to meet the charity's goals of training future herbalists and also providing herbal medicine at cost prices (after a free consultation) to the general public, via our on-site herbal clinic.

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**THE SCOTTISH SCHOOL
OF HERBAL MEDICINE**



HOW YOU CAN HELP US

The Scottish School of Herbal Medicine is a non-profit making organisation, dedicated to furthering knowledge, education and research in Herbal Medicine.

Founded by Herbal Medicine Education & Research (Scotland) Ltd.
Registered charity No. SC024323

PIONEERING EDUCATION

Within the herbal community, The Scottish School of Herbal Medicine is recognised as **the** place to study traditional, holistic herbal medicine. The main work of the School so far has been to establish the BSc, MSc and other related courses. The MSc for practising Herbalists was ground breaking, as the first in the world and it remains an internationally recognised symbol of excellence in the field.

Our graduates from both the UK and overseas leave us fully skilled to the highest level in herbal medicine and complementary physical therapies. Due to the quality and uniqueness of our professional training, Scottish School of Herbal Medicine graduates prove to go on to be by far the most successful in practice, and also go out in to the world armed with practical tools to help us achieve our wider aims.



Some of the Staff & Students at the Scottish School of Herbal Medicine

Our Degree and Post-graduate courses are externally validated by the University of Wales, and accredited by the National Institute of Medical Herbalists (NIMH).

In addition, we run a number of successful, innovative research conferences, attracting audiences from around the globe. The School also produces our own journal: **The Scottish Journal of Herbal Medicine**, to disseminate research findings (available via subscription).



OUR FOUNDING PRINCIPLES

Our aim is to promote traditional, holistic, cruelty free and ecological medicine for a healthier and happier planet.

Herbal medicine is an ancient tradition going back to the dawn of human history. Our societies may have changed hugely, but the herbs remain true to their original healing potential. In recent years, interest has been rekindled in plant medicine, and the School is committed to researching alternatives to conventional drug-based medicine that honour the herbal tradition.

We are firmly against animal suffering and promote a wholefood plant-based, or vegan, diet; both for its benefits to reduce our risk of Western society's major illnesses, and in our efforts to help heal our beleaguered planet.

All herbal products contain no animal products and are not tested on animals. The herbs we use are certified to be organic wherever possible and farmed to the highest standards.

Herbal medicine is not available on the NHS and our charitable work helps to put it in the reach of many people in the local community.

I SUPPORT HERBAL MEDICINE!

Mr/Miss/Mrs/Other _____ First Name: _____

Surname: _____

Address (including postcode): _____

Home Telephone: _____

Mobile Telephone: _____

Email address: _____

Please tick:

I want to be a *Friend of SSHM* and make a regular donation of (please circle): **£4 £6 £10 Other £_____** per month. (Your monthly donation will be taken by Standing Order from your nominated bank account. You will also receive regular newsletters and other updates from the School about our work)

Bank Details:

Name of Account Holder: _____

Bank/Building Society account number: _____

Branch Sort Code: ___ - ___ - ___

Please select a start date: _____

Your payment will start on or after this date.

I want to give a single donation of £_____ to help fund the School's vital work. (Please send a cheque, made payable to **Scottish School of Herbal Medicine**, or drop your donation and this form into the "Donations Box" during your visit.)

Please send me more information about *The Scottish Journal of Herbal Medicine*.

I would like to help by volunteering or fundraising for the School.

Gift Aid Declaration

Please make every pound you give worth an extra 28% to the Scottish School of Herbal Medicine.

If you are a UK taxpayer we can claim Gift Aid tax relief of 25p on every pound you give and HMRC will also be operating transitional provisions for Gift Aid donations made from 6 April 2008 until 5 April 2011, paying a Government supplement of 3p on every pound you give. To qualify for Gift Aid, you must pay UK Income Tax and/or Capital Gains Tax at least equal to the tax that the charity claims on your donations in the appropriate tax year. Tax year is 6 April one year to 5 April the next. **Please tick one of the following:**

I am a UK taxpayer. Please treat all donations I make or have made to SSHM for the past six years as Gift Aid donations until further notice.

I do not pay income tax.

I do not wish to Gift Aid my donations for personal reasons.

From time to time we may send you information about the School and our courses; details of our special offers or promotions; and any other marketing materials that we think might interest you. Your personal information will be held and used by the School only for this purpose and will not be sold on to other organisations. If you do not wish to be contacted by us in this way please tick this box:

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